



Supervision Skills

Our Supervision Skills training course is an excellent opportunity for participants to acquire the essential skills and knowledge needed to excel in supervision.

Throughout the course, participants will delve into the core concepts of supervision, understand its role in the workplace, and explore practical strategies for effective supervision and appraisal.

Our experienced trainers will lead a highly interactive and informative session, allowing participants to engage in discussions, role-playing exercises, and simulations that enhance their learning experience. By the end of the course, participants will have a wealth of knowledge and practical skills that they can apply in their professional roles, making them more effective and successful supervisors.

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Learning Outcomes

- To develop an understanding of supervision within adult social care
- To explore leadership behaviours associated with being an effective supervisor
- To provide learners with practical strategies to improve their own behaviours when supervising others
- Describe the scope and purpose of supervision in adult social care
- Explain the key principles of effective supervision
- Describe how to use supervision to support your own wellbeing
- Describe how to plan, revise and review supervision objectives
- Explain the importance of active listening
- Explain the factors that could result in a power imbalance and how to address them
- Describe how to manage equal participation in supervision
- Identify ways to capture evidence and measure the impact of the changes made
- Develop an initial plan to implement the learning that has taken place

Course Content

- **Module 1:** What is supervision?
- **Module 2:** Supervision and Appraisal
- **Module 3:** Types of Supervision
- **Module 4:** Qualities and Behaviours
- **Module 5:** Practical Strategies
- **Module 6:** Active Listening
- **Module 7:** Action Planning